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ADVISORY

CLAYTON COUNTY PUBLIC SCHOOLS

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FOR IMMEDIATE RELEASE

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CCPS Observes National School Lunch Week, October 15-19

To recognize the National School Lunch Program and the 30 million children it serves throughout the U.S. every day, Clayton County Public Schools (CCPS) will observe and celebrate National School Lunch Week from October 15-19, 2018. The theme, "Lots 2 Love," encourages students and school nutrition professionals across the country to share what they love most about school lunch programs.

National School Lunch Week (NSLW) will emphasize the healthy foods that are offered daily in cafeterias through the district. We invite all CCPS stakeholders to come share your love with us during our "Lots 2 Love" NSLW event. Here are some of the highlights from our menu for the week of October 15-19:

- ★ Our lighter side Bacon Cheeseburger featuring Turkey Bacon and our new "baked" Seasoned Fries
- ★ Our new grilled Panini features heart-healthy Spinach
- ★ "Sweetie Fries", our new Signature Baked Sweet Potato Fries topped with cinnamon, maple, and marshmallows. This dish is a healthy dessert option that satisfies the sweet tooth!
- ★ Our Teriyaki Vegetarian Burger it tastes like a real beef burger!
- ★ Our elementary and middle schools will feature Chili with heart-shaped pretzels
- ★ Our high schools will feature a Turkey Ranch Wrap and heart-shaped pretzels

"School lunches are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium," said Audrey Hamilton, CCPS Director of School Nutrition. "National School Lunch Week helps us educate parents and students about all the benefits of our lunch program and the appealing choices we offer."

In addition to the menu options, School Nutrition is encouraging students to make healthy food choices. During NSLW the district will encourage students to "rethink their drink". Infused water with lemons, oranges, strawberries, and limes will be offered at participating schools to encourage students to hydrate their bodies with delicious unsweetened beverages.

"All of our healthy meals are planned with a goal to limit sodium, however, that doesn't mean they are flavorless," said Ms. Hamilton. "Students are Shaking Up their meals with spices offered by way of our 'You da Chef' program which allows students to add selected flavorful salt-free seasonings to their meals and customize the meals with various flavor profiles."

To "share the love" for #NSLW18, CCPS School Nutrition will host a NSLW Photo Contest! All school based nutrition employees are invited to submit an entry. The winning school photos will highlight how that school demonstrated what their students love most about the lunch program.

About School Lunch Program

The federally-funded National School Lunch Program (NSLP) provides nutritionally balanced, healthy meals to students every day. The program, which has been serving the nation's children for more than 70 years, requires school meals to meet federal nutrition standards like offering fruits and vegetables every day, serving whole grain-rich foods, and limiting fat, calories, and sodium.

About Clayton County Public Schools

Clayton County Public Schools (CCPS) is fully accredited through AdvancED – Southern Association of Colleges and Schools Council on Accreditation and School Improvement. The district offers a focused world-class program based on a challenging curriculum which is taught from pre-kindergarten through 12th grade. Serving over 55,000 students, Clayton County Public Schools is ranked among the 100 largest school districts in the U.S. and is the fifth largest school system in Georgia.

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