

**The Clayton County Public Schools
Division of Student Support Services**

encourages you to

#BeThe1To
STAY CONNECTED

To Family. To Friends. To Community. To Support.



The following resources are available 24/7
for all students, families, and employees to
access support:

<p>Georgia COVID-19 Emotional Support Line 866-399-8938</p> <p><small>Georgia Department of Behavioral Health & Developmental Disabilities</small></p> 	 <td><p>Georgia Crisis & Access Line 1-800-715-4225 mygal.com</p></td>	<p>Georgia Crisis & Access Line 1-800-715-4225 mygal.com</p>
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For emergencies and immediate assistance, please call 911.

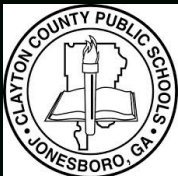
JOIN US FOR THE
V I R T U A L

*3rd Annual
Teen Violence & Suicide
Awareness Walk*



Saturday, October 31, 2020

The CCPS Teen Violence & Suicide Awareness 5K Walk is designed to educate and raise awareness among young people, their families and our community about mental health, wellbeing and suicide prevention. This year we are going VIRTUAL! #BeThe1To complete your walk/run anytime on October 31! Whether in the neighborhood, on the treadmill, or at a local park, let's cross our own finish lines together!



IF YOU ARE INTERESTED IN PARTICIPATING
[CLICK HERE TO REGISTER](#)

This event is sponsored by Clayton County Public Schools and coordinated by the
Division of Student Support Services



#BeThe1To Share a Hug



The Department of Student Behavioral Health and WellBeing invites you to #BeThe1To stay connected and share a virtual hug with the Clayton County Public Schools community. Submit a positive video message and a virtual hug by clicking on the following link:

<https://app.vidhug.com/bethe1to-share-a-virtual-hug/Bk4NRKZrw/record>

#BeThe1To Help Save a Life

The Department of Student Discipline Prevention and Intervention encourages you to participate in the **Take 5 to Save Lives** campaign launched by the National Council for Suicide Prevention (NCSP). Take 5 minutes out of the day and become informed by completing five action items.



Learn the Warning Signs. Do Your Part. Practice Self-Care. Reach Out. Spread the Word.

#BeThe1To Care and Connect



The Department of School Social Work invites you to #BeThe1To CARE and CONNECT to positive coping strategies and resources to help manage difficult emotions, decrease stress and establish or improve your sense of health and wellness. Connect to our wellness playlist (Musically Mindful) and explore other healthy coping strategies, tools, and resources that are located in our Coping Room and Resource Hub.

#BeThe1To Be Happy, Be Brave, Be Drug Free!

The Department of Counseling, Enrollment, & Post Secondary Readiness will celebrate Red Ribbon Week October 26-30, 2020. Help us raise awareness about drug and suicide prevention by participating in the week's activities! [CLICK HERE!](#)

Did You Know? Ten percent of drug related emergency room visits made by adolescents involved attempted suicide. Drug prevention can assist in reducing the suicide rate.

